

## **CONSENT TO TREAT AND BENEFITS AND RISKS OF TREATMENT**

### ***Consent for Treatment***

I agree to have Laurel Hill Center provide me with individualized psychiatric rehabilitation services.

### ***Fee Agreement***

I have been informed that I will not be charged for any services covered by Oregon Health Plan or Scholarship Funds. I will be charged and responsible for co-pays when applicable.

### ***Benefits/Risks of Treatment***

The benefits and risks of treatment include, but are not limited, to the following.

#### ***Benefits***

- Determining your own strengths and goals for treatment within the scope of Laurel Hill Center services
- Choosing which goals are priorities and work with staff in deciding how to reach those goals
- Having staff support in your efforts to become successful in the living, working, and social environments you choose
- Having the opportunity to increase your ability to function in your roles as friend, employee, renter, voter, and community participant
- Having the opportunity to become more independent and enjoy increased satisfaction with the quality of your life
- Being able to access crisis services by telephone during evenings and weekends
- Developing, with the help of staff, a personalized written safety plan for crisis situations
- Having opportunities to express your suggestions, concerns, or complaints about services

#### ***Risks***

- Experiencing uncomfortable levels of feelings like sadness, guilt, anxiety, anger, frustration, loneliness and helplessness
- Experiencing spells of being in touch with painful emotions, sometimes for the first time, which may temporarily lead to feeling worse
- Recalling or talking about unpleasant aspects of your history or present situation, which can bring up uncomfortable feelings
- Working on recovery goals and personal growth usually requires changes that may be uncomfortable and unexpected
- Significant others in your life may notice the changes you make; your relationships may be affected
- There are no guarantees of what you will experience
- Participating in rehabilitation service at times results in changes that were not expected or intended at the outset