

Laurel Hill

C E N T E R

Annual Report

2019-2020

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Laurel Hill Center: Supporting Mental Health Recovery By Helping Individuals Create the Lives They Want to Live

Dear Friends and Staff of Laurel Hill Center,

If you're anything like me, the new year is a wonderful time to reflect on the successes of the past year and look forward to what's to come. You have contributed so much to our success this past year and I want to share wonderful news about the work you've made possible.

The most exciting news is the number of lives you've changed through supporting efforts to assist LHC participants with obtaining safe and affordable housing. Our Housing Services and FUSE Homeless Outreach teams report that, despite the pandemic, 90 individuals have moved into permanent housing this year.

Throughout the 2019-2020 year, we also remained steadfast in our commitment to employment and education. 54 individuals this year obtained part-time or full time employment. Another nine individuals were supported to enroll and participate in virtual education programs ranging from technical schools and Adult Basic Education to Bachelor and Master degree programs. You supported our COVID Technology Skills Training program which purchased 15 computer tablets and provided \$50 towards internet access so that participants could learn the skills to access groceries, self-help groups, connect with loved ones, pay bills, and access healthcare services from the safety of their home.

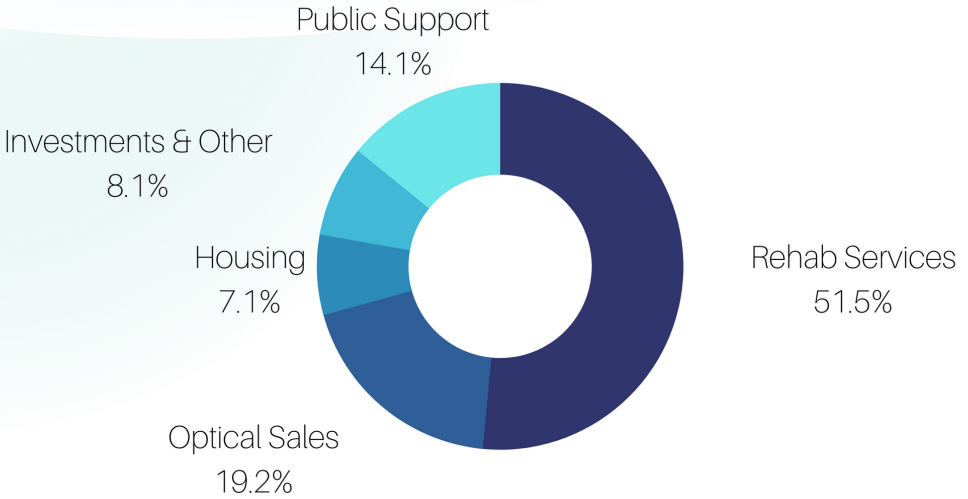
There is much to be thankful for in the past year, and with your help we can meet our vision to continue expansion of our services and supports that assist individuals in mental health recovery to live, learn, and work in the community. As you read some of the success stories shared by participants, I hope you recognize how your support of Laurel Hill Center has contributed to many individuals being able to create the lives that they are proud to live and share with you.

As I look back on the past year and the great successes we've had and look forward to the new year and what's in front of us, there is much to be thankful for and much to be anticipated.

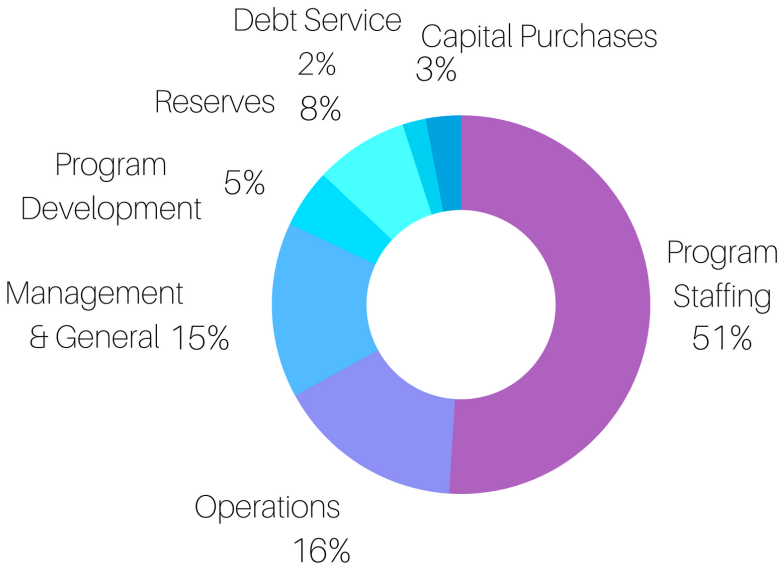
Sincerely,



Sources of Funding



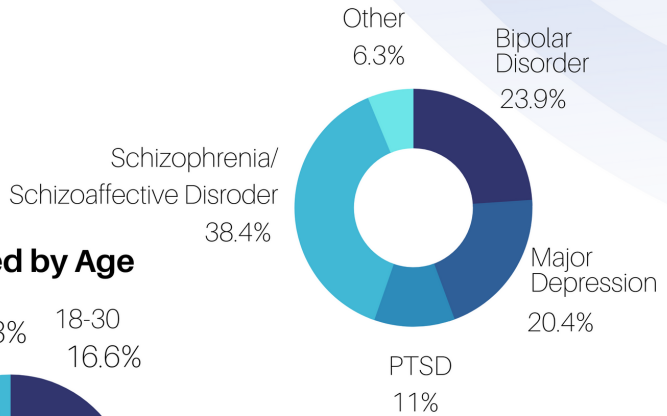
Uses of Funding



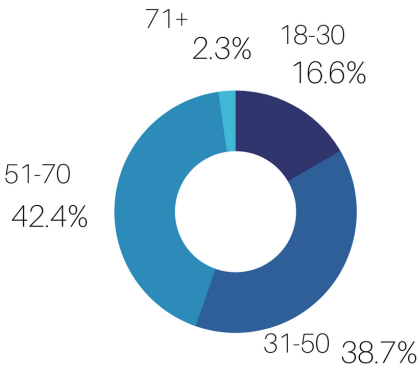
Annual Outcomes

- Total served- 655
- 92% housed all year or newly housed
- 72 ACT & CSS participants newly housed
- 87% no emergency department visits

Total Served by Diagnosis



Total Served by Age



FUSE Team Outcomes

- 71 Individuals served
- 48 enrolled in services
- 18 exited the FUSE program into positive destinations: private rentals, supported housing, long-term care, and other stable housing

Supported Education

The Supported Education program began in 2017, following the Individual Placement and Support model used for many years by the Supported Employment program. Supported Education participants receive assistance to apply for and attend mainstream educational programs of their choice. Education Specialists support participants with financial aid applications, communication with school resources, skills development to succeed with class expectations, and planning with other supports to promote long-term success.

- 9% of LHC participants enrolled in Supported Education (SEd) this year
- 16% of LHC participants enrolled in SEd participated in academia this year

"I found it very difficult to navigate school on own, which led me to sign up for Supported Education Program. The program has ignited my interest in school again, I really enjoy the academic work and appreciate the support to navigate through online steps to be a student attending classes. I attempted to sign up myself and found it challenging. I am studying math and reading, which will allow me to look into medical coding as a future job option.

"I am finding I feel like I have stronger mental cognition. I love to learn, so being in academics is a treat. I like going to school as it allows me to be able to learn new things, I appreciate being able to stimulate my brain.

"At this time, I feel fortunate, as there has been no impact to my financial situation. What plans do I have for the future, I wish to graduate and do a job from home that allows me to take care of myself financially, buy the car and plan trips I can enjoy. My family and friends are happy for me, and they say they are also proud of what I am doing. Having a Supported Education Specialist has helped me be able to navigate things at school when they become challenging, this has helped me with going back to school to be successful."

Supported Employment

Supported Employment is an evidence-based program that follows the Individual Placement and Support model, helping participants to work at jobs in the fields of their choosing. Employment Specialists work closely with participants to define their goals, address skills and environmental barriers to employment, and implement plans to support job retention. Supported Employment has zero exclusion, meaning the only criteria is that participants want to find a job.

Lee Ann recently worked with a Laurel Hill Center Employment Specialist and shared her story with us.



"Before meeting with an Employment Specialist (Kaitlyn) I was able to get jobs, but had a pattern of not being able to keep them. I had been fired from the last 4 or 5 jobs because of my disabilities. After working with Kaitlyn I was able to get on disability to help ease the financial burden, but I still wanted to work. I was spending my free time focusing on healing and I knew that working with people and contributing to my community would help with my depression.

"I was connected with Kaitlyn who worked with me to find a job that was the right fit. I wasn't pushed to find a job I didn't like or that was too many hours. She customized

the job search to me. She asked me what I liked to do, which was art. I had never thought of that as work, but she found an opportunity for me to teach art classes at Willamalane. It has been nice earning an income and getting to meet terrific people. Being part of Willamalane is exciting because of how community oriented they are.

"I now get to teach American Sign Language (ASL) classes as well. I love the feeling of contributing something valuable to someone else. I also love watching people start to have fun in the art class and truly start to be creative. In the future I hope to continue teaching both Art and ASL and increase the following of people who attend my classes. One day when COVID has lifted I hope to host an ASL club at Willamalane."

- 13% of all LHC participants report being employed sometime during the year
- 21% of LHC participants enrolled in Supported Employment (SE) this year
- 45 SE participants worked this year with 43 of the 45 being new job starts

Mental Health Court

In the past year, LHC has developed partnerships with both the local Municipal (M-MHC) and Circuit Mental Health Court (C-MHC) programs.

These programs are modeled after other successful treatment court programs, such as drug treatment or veterans court, and provide services for individuals whose mental health symptoms have played a part in their involvement with the legal system. Participants in both programs have access to all services and resources offered at Laurel Hill Center including case management, therapy, supported employment and education, peer support, and medication management.

LHC enrolled 19 C-MHC participants this year and saw three individuals graduate from the program, while enrolling 14 M-MHC participants in the first six months of its partnership with that program. LHC court liaisons attend regular court sessions with participants and collaborate with multidisciplinary MHC teams to give updates on the participants' treatment progress and address issues that arise. Participants of these programs have the opportunity resolve legal issues without incarceration or convictions while establishing ongoing behavioral health treatment to support their long term recovery goals.

- Every year two million people with psychological problems are jailed, based on estimates by the National Alliance on Mental Illness.
- Washington State Department of Social and Health Services: "Mental health court participants had significantly lower rates of re-offending and psychiatric hospitalization, and fewer incarceration days and emergency department visits, relative to a matched comparison group."

Employee Milestones

LHC recognizes staff anniversaries every 5 years with custom gifts from Sattva Gallery. The following staff were recognized this year:

5 Years of Service

Mark Dahlsten
Diana Johnson
Joy Reeder
Brenda Cardin
John Lemay
Sherri Laughlin-Vernon
Indra Dissanayake

10 Years of Service

Darcy Mofield

15 Years of Service

Randy Gudeika
Jeannie Robertson
Edward Cornell
Shawn Murphy

20 Years of Service

Merlene Reynolds

25 Years of Service

Terry LaCross



Inspirational Participants

Every year our each program here at LHC nominates a participant who was an inspiration throughout the year. Those individuals are given a crystal statue to honor their achievements. The following individuals were recognized as inspirations this year:

Ian Bray
Mason Shumate
Stuart Spurgeon

Dylan Gilder
Katrina Braunberger
Fred

Grantors



LANE COUNTY
Health & Human Services



Eugene Municipal Court

Sponsors



KERNUTTSTOKES

Encore Vision



Community Health Plan



ST. MARY'S
Episcopal Church



A1-reality.com



The UPS Store
Springfield & Junction City



Many thanks

"Giving is not just about making a donation.

It is about making a difference."

KATHY CALVIN

Donors & Volunteers

Alejandro Jovel-Lopez
Alexandra Hilsher
Alice Parman
Amy Patrick
Andy Dinger
Ann Warren
Cathy Purcell
Cheryl Armstrong
Cheyanne Roach
Christina Patrick
Colleen Bell
Cory Suratt
Cristian Delgao-Lopez
Cyrese Lee
David Hansen
David Heavirland
Dawne & Greg Howard
Dawnetta Rios
Debi Farr
Denise Wilkinson
Dianne Keller
DK Stotler
Elizabeth Elmore
Emily Horton
Faith LaCross
Garrett Hodgson
Gavriela Padilla

Gerald Clark
Heidi Stearns
Hongxia Ye
Isis Sroka
Jack Nielsen
Jacob Bailey Nielsen
Jade Lazaris
James Ashley
Jay Buckley
Jennifer King
Jennifer Triplett
Joan Golbek
Joan Lambe
Joann Shortt
John LeMay
John Merrick
John Zerzan
Karen Covino
Kate Gartshore
Ken McKinney
Lajeana Boss
Larissa Ennis
Larry Lombard
Laura Tackett
Lisa Sheeber
Lo Lewis
Lori Jones

Lucy Zammarelli
Luis Cerda
Marianne Brown
Marna Petersen
Meg Chiappisi
Megan Burrows
Michael Ryan
Nathan Adams
Nichole Zahner
Paul Haley
Peggy Dame
Richard Enloe
Richard Guske
Rob Henley
Robi Parrack
Ryan Moore
Samantha Gunderson
Sara McKinney
Savannah Phillippe
Shaghayegh Knopp
Shawn Murphy
Shelly Ellison
Tara Hubbard
Terry Stimac
Timathi Williamsen
Todd Styles
Yully Lengkong

Executive Leadership

Shawn Murphy
Executive Director

Dianne Keller
Director of Operations

Lori Jones
Director of SWEEP Optical

Devin Jenkins
Director of Facilities

Cory Suratt
Director of Behavioral Health

Board of Directors

Isis Sroka, President
Scientific Director
Fanconi Anemia research Fund

Lisa Sheeber, Vice President
Research Psychologist
Oregon Research Institute

Terry Stimac
Consulting Psychologist
Oregon Medical Group

Lo Lewis
Community Relations Coordinator
Center for Family Development

Dawnetta Rios
Human Resource Representative
Oregon Research Institute & Influents Innovations

Ryan Moore, Secretary
Community Advocate

Andy Dinger, Treasurer
Mortgage & Insurance Broker,
American Colony Insurance &
Financial Services

John Patrick 'Pat' Merrick, MD
Physician
Peacehealth

Alexandra 'Ali' Hilsher
Litigation Attorney
Hershner Hunter, LLP